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	Sommario/riassunto	Based on recent data gathered from employees and managers, Work and the Mental Health Crisis in Britain challenges the cultural maxim that work benefits people with mental health difficulties, and illustrates how particular cultures and perceptions can contribute to a crisis of mental well-being at work. Based on totally new data gathered from

employees and managers in the UKPresents a challenge to much of the conventional wisdom surrounding work and mental healthQuestions the fundamental and largely accepted cultural maxim that work is unquestionably good