1. Record Nr. UNINA9910814502003321 Autore **Howorth Frances** Titolo The grab bag book: your ultimate guide to survival at sea / / Frances & Michael Howorth Pubbl/distr/stampa London:,: Adlard Coles Nautical,, [2002] ©2002 **ISBN** 1-4729-0767-1 Descrizione fisica 1 online resource (96 p.) Disciplina 797.124 Survival Soggetti Lingua di pubblicazione Inglese **Formato** Materiale a stampa Monografia Livello bibliografico Note generali Description based upon print version of record. Nota di contenuto Front cover; Emergency Flowchart; Half title; Other titles of interest; Title; Copyright; Contents; Author's Note; 1 Being Prepared; 2 Your Liferaft and its Contents; 3 Your Grab Bag and its Contents; 4 Abandoning Ship; 5 Initial and Subsequent Actions in the Liferaft; 6 Long-Term Survival in a Liferaft; 7 Initial First Aid and Emergency Treatment: 8 Ailments: 9 Rescue: Appendix 1: Appendix 2: Appendix 3: Appendix 4: Index: Distress Signals: Back cover The purpose of this text is to ensure the survival of skipper and crew in Sommario/riassunto the event of their boat sinking. It features: advice on the essentials to pack into the emergency grab bag for a short or long cruise, hot or cold climate, coastal or offshore trip; flowcharts to prioritise abandon ship procedure; techniques for survival in the liferaft, short- and longterm - the why, when and how of liferaft survival; and checklists and tables.