Record Nr. UNINA9910814291003321 **Titolo** Foundations of expressive arts therapy: theoretical and clinical perspectives / / Stephen K. Levine and Ellen G. Levine Pubbl/distr/stampa London; ; Philadelphia, : J. Kingsley Publishers, c1999 **ISBN** 9786610407750 1-4175-5388-X 1-280-40775-1 1-84642-185-3 0-585-12415-9 Edizione [1st ed.] Descrizione fisica 1 online resource (282 p.) Altri autori (Persone) LevineStephen K LevineEllen G Disciplina 616.89/1656 Soggetti Arts - Therapeutic use Psychotherapy Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Description based upon print version of record. Note generali Nota di bibliografia Includes bibliographical references and indexes. Foundations of Expressive Arts Therapy: Theoretical and Clinical Nota di contenuto Perspectives; Contents; Introduction; Part I Philosophical and Theoretical Perspectives; 1 Poiesis and Post-Modernism: The Search for a Foundation in Expressive Arts Therapy; 2 Soul Nourishment, or the Intermodal Language of Imagination; 3 The Necessity of Form: Expressive Arts Therapy in the Light of the Work of K.E. Løgstrup; 4 Artistic Inquiry: Research in Expressive Arts Therapy; Part II Clinical Perspectives; 5 Voicework as Therapy: The Artistic Use of Singing and Vocal Sound to Heal Mind and Body 6 The Creative Connection: A Holistic Expressive Arts Process7 Living Artfully: Movement as an Integrative Process; 8 Layer Upon Layer: A Healing Experience in the Art Studio; 9 Music as Mother: The Mothering Function of Music through Expressive and Receptive Avenues; 10

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Sommario/riassunto

This book provides an arts-based approach to theories and practices of expressive arts therapy. The contributors emphasize the importance of the imagination and aesthetic experience, arguing that these are central to psychological well-being, and challenging views which emphasise the cognitive and emotional dimensions of mental health development.