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ISBN	1-4522-8367-2 1-5063-3575-6 1-4522-7977-2
Descrizione fisica	1 online resource (xviii, 187 pages)
Collana	Gale eBooks
Disciplina	371.201
Soggetti	School personnel management Educational leadership Organizational change Self-actualization (Psychology)
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	<p>""COVER""; ""BE A CHANGEMASTER""; ""CONTENTS""; ""PREFACE""; ""Purpose""; ""Who Should Read This Book""; ""Background""; ""How to Use This Book""; ""Universal Application""; ""Three Main Reasons to Buy This Book""; ""Special Features""; ""ACKNOWLEDGMENTS""; ""Publishers Acknowledgments""; ""ABOUT THE AUTHOR""; ""INTRODUCTION""; ""The Coaching Change Connection: The Inside-Out Approach""; ""A Coaching Approach""; ""What Comprises a Coaching Style of Leadership?""; ""Evidence of Coaching Effectiveness""; ""The Challenge of Change""; ""Become a CHANGEMASTER""</p> <p>""CHAPTER 1: CHALLENGE ASSUMPTIONS"" ""Challenge Those Assumptions""; ""How Assumptions Hold Us Back""; ""Assumptions Become Reality""; ""Thinking for Success""; ""Change Your Thoughts at Any Time""; ""How to Challenge and Banish Assumptions""; ""Tips for Success""; ""Summary""; ""CHAPTER 2: HAVE A HIGHER PURPOSE""; ""Why Purpose and Happiness Matter""; ""What Is Your Mission?""; ""It's Not About the Soap""; ""What Legacy Will You Leave Behind?""; ""Finding Meaning in Work and Life""; ""Leading Yourself and Others to Discover</p>

Their Higher Purpose"; "Finding Joy"
 "Your Life's Compass: Creating a Personal Mission Statement"
 Word About Courage"; "Tips for Success"; "Summary"; "CHAPTER 3:
 AWARENESS OF LIMITING THOUGHTS"; "What Are Limiting
 Thoughts?"; "Managing Limiting Thoughts and Beliefs"; "The Power
 of Choice"; "How to Change Limiting Thoughts to Expanding
 Thoughts"; "Step 1: Creating Awareness of Limiting Thoughts"; "Step
 2: Notice the Frequency"; "Step 3: Create a Turnaround Statement";
 "Step 4: Repeat Often"; "A Formula for Freedom"; "Direct Your Brain
 to Change"; "Tips for Success"; "Summary"
 "CHAPTER 4: NIX THE NEGATIVES AND NAYSAYERS"; "Be Wary of Your
 Words"; "How We Connect"; "Confronting Negatives and Naysayers";
 "Be a Better Listener"; "Practical Ways to Nix the Negatives";
 "Reframing: A Powerful Skill"; "When People Won't Budge";
 "Cultivating Optimism"; "Tips for Success"; "Summary"; "CHAPTER
 5: GATHER A GROUP"; "Why Gather a Group?"; "An Inspiring
 Example"; "Asking for Help"; "How to Ask for Help"; "A Coaching
 Approach to Leading Groups: a€œI Have a Group. Now What?a€?";
 "How to Coach Groups"; "Two Group Coaching Models"
 "Many People, Common Goal"; "Many People, Different Goals";
 "Successful Group Coaching"; "Benefits of Group Coaching";
 "Challenges"; "Tips for Success"; "Summary"; "CHAPTER 6:
 EMOTIONALLY CONNECT TO THE GOAL"; "How to Create an Emotional
 Connection to Your Goal"; "Step 1: Become More Comfortable With
 Emotions"; "Step 2: Shift From Head to Heart"; "Step 3: Name Those
 Emotions"; "Step 4: Surround Yourself With Encouragement (optional
 but helpful)"; "The Mind, Body, and Goal Connection"; "Tips for
 Success"; "Summary"; "CHAPTER 7: MAINTAIN MOMENTUM"
 "Coaching to Action"

Sommario/riassunto

'Be a Changemaster' is a practical guide for school and district leaders
 that provides 12 strategies for overcoming resistance to change. Unlike
 more theoretical books, this text shows how to adopt a coaching style
 of leadership as a systemic change strategy.
