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Titolo	Parting : a handbook for spiritual care near the end of life // Jennifer Sutton Holder and Jann Aldredge-Clanton
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Altri autori (Persone)	Aldredge-ClantonJann <1946->
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Nota di contenuto	Contents; Foreword; Acknowledgments; Introduction; 1 Setting Out; Offering Spiritual Companionship; Itineraries: Stops on Spiritual Journeys; Two Levels of Needs: Physical and Spiritual; 2 A Personal Journey; Companions Welcome; Packing for the Road Ahead; Presence; Listening; Acceptance; Candor; Patience; Advocacy; Humor; Courage; Dependability; Hope; Creativity; Sensitivity; Curiosity; Time; Crossing the Bridge; Coming Closer; Spiritual Conversation Starters; 3 Spiritual Scenery; Life Review; Journaling; Artistry; Ethical Wills; "I've Always Wanted to . . . "; Reunions and Gatherings RitualsPersonal Rituals; Centering Prayer; Simple Rituals; Ceremonies; 4 For Weary Travelers; Comforts for the Dying; Touch; Sight; Sound; Taste and Smell; Comfort from a Distance; Companion Comforts; Accepting Limits; Mini-Breaks; Food and Exercise; Sharing the Burden; Accepting Help; Utilizing Volunteers; Professional Help; Giving and Receiving Care; Guilt and Resentment; Realistic Expectations; Easing Up; Honesty; Trouble along the Road; 5 Parting Ways; Unpacking Life's Baggage; Giving Permission to Go; Reconciliation; Holy Silence; Suspending Disbelief; Letting Go; Saying Goodbye Love and TearsA Child's Goodbye; Dying Alone; Safe Passage; A Sacred Journey; Unpredictable Timing; Comforting Arms; 6 Coming Home

## Sommario/riassunto

At times we may be called to be companions on a journey we would rather not take--the journey of a loved one toward the end of life. For those who choose to serve as close companions of terminally ill relatives or friends, *Parting* offers the collective wisdom of people from many cultures and faith traditions as a "travel guide" for meaningful companionship--helping someone toward a peaceful transition from this life. Sections of the book discuss how to cross the bridge from ordinary conversation to spiritual reflection; how to provide comforts for the body, mind, and soul; and how to

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