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Nota di contenuto	Front Matter -- Contents -- Preface -- Acknowledgements -- Physical Aspects of Cystic Fibrosis -- Introduction -- Therapies for the Respiratory System -- Therapies for the Digestive System -- New Therapies -- Personal Aspects of Cystic Fibrosis -- Introduction -- Conclusion -- Glossary
Sommario/riassunto	CF and You offers sensible advice on dealing with CF clinic staff, coping with school physiotherapy, and discussing CF with friends and family. In response to concerns voiced by adolescents with CF, this revised edition tackles issues such as sexuality and personal relationships unique to people with CF. Also included is a section dealing with the transition to adult CF clinic care. This book is designed primarily for teens. However, families, clinicians and others whose lives are touched by CF will benefit from this combination of medical information and personal guidance. This new edition explains recent developments in the understanding and treatment of CF such as the discovery of the CF gene, CF carrier testing, and new respiratory and digestive therapies. Comprehensive and accessible, the volume also includes an expanded glossary of medical terms.