

1. Record Nr.	UNINA9910814086703321
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Titolo	With the hand : a cultural history of masturbation // Mels Van Driel ; translated by Paul Vincent
Pubbl/distr/stampa	London, : Reaktion Books, 2012
ISBN	1-86189-957-2 1-299-19124-X
Edizione	[1st ed.]
Descrizione fisica	1 online resource (258 p.)
Altri autori (Persone)	VincentPaul
Disciplina	306.772
Soggetti	Masturbation
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	"First published in 2010 as Met de hand : een culturele geschiedenis van de soloseks by Uitgeverij De Arbeiderspers, Amsterdam."
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	With The Hand Cover; Imprint page; Contents; Contents Pt II; 1. Introduction; 2. Ages, Locations and Frequencies; 3. Education; 4. Sex Aids; 5. Animals; 6. Doctors and Other Scientists; 7. Culture, Religions and Philosophers; 8. Writers and Poets; 9. Entertainment; 10. Artists; 11. In Conclusion; Bibliographical Sources; Photo Acknowledgements; Index
Sommario/riassunto	People call it everything from "walking your dog" to "scratching your bean." Women usually do it at home. Men, it sometimes seems, do it everywhere. Some people think it's healthy; others think it is a sin that will send you straight to hell. But while many people declare that everyone's doing it, no one actually talks about it-outside the pages of Cosmo, masturbation is among the most taboo of topics, not suitable for polite society or public conversation.Mels van Driel boldly breaks this silence in order to help the world overcome its diffidence toward solo sex in With