

1. Record Nr.	UNINA9910814018903321
Autore	Kris Alison E.
Titolo	Gerontological nurse certification review // Alison E. Kris
Pubbl/distr/stampa	New York, New York : , : Springer Publishing Company, , 2015 ©2015
Edizione	[Second edition.]
Descrizione fisica	1 online resource (349 p.)
Altri autori (Persone)	KazerMeredith Wallace
Disciplina	618.97/0231
Soggetti	Geriatric nursing Nurse practitioners
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references at the end of each chapters and index.
Nota di contenuto	Cover; Title; Copyright; Contents; Foreword; Reference; Preface; Share Gerontological Nurse Certification Review: Second Edition; Chapter 1: Information for Taking the Certification Exam; Certification Exam Format; Detailed Test Content Outline; Total Number of Questions; Total Time; Eligibility to Take the Exam; Scheduling the Test; What to Bring on the Day of the Exam; Time of Arrival; During the Exam; Receiving Test Results; Receiving Certificate and PIN; Hints for Taking the Certification Exam; References; Chapter 2: Question Dissection and Analysis; Preparation Strategies Review Content of Frequent Conditions Experienced by Older AdultsStrategies for Analyzing the Questions; Clues to Memorizing Information; Two Different Ideas in One Question; Prioritizing; Conclusions; Chapter 3: The Aging Population; Demographics; Categories of Aging; Ageism and Myths Among Nurses and Other Health Care Staff; Aging Theories; Biological Theories; Family Theory; Motivational Theory; Communication With Older Adults; Teaching-Learning Theories and Principles; Gerontological Nursing Today; References; Chapter 4: Assessment; History and Physical Exam Considerations; Health History Physical AssessmentNormal Aging Changes; Cardiovascular System; Peripheral Vascular System; Respiratory System; Integumentary System; Gastrointestinal System; Urinary System; Sexual/Reproductive System;

Sensory System; Neurologic System; Immune System; References; Chapter 5: Health Promotion; Levels of Prevention; Primary Prevention; Secondary Prevention (Screening); Tertiary Prevention (Disease Management); Barriers to Health Promotion Among Older Adults; Alcohol Use; Smoking; Nutrition and Hydration; Health Promotion; Exercise; Sleep; Adult Immunization
Alternative and Complementary Health CareReferences; Chapter 6: Environments of Care; Safety and Security Issues; Falls; Use of Restraints; Relocation; Transportation; Maintaining Autonomy and Independence; Community-Based Services and Resources; Residential Facilities; Skilled Nursing Facilities; Assisted Living Facilities; Continuing Care Retirement Communities; Homeless Elders; References; Chapter 7: Spirituality and Death and Dying; Principles of Effective End-of-Life Care; Physical Dimension; Psychological Dimension; Social Dimension; Spiritual Dimension; Advance Directives Hospice and Palliative CareGrieving; Widowhood; References; Chapter 8: Acute and Chronic Physical Illnesses; Cardiac and Peripheral Vascular Problems; Hypertension; Congestive Heart Failure; Angina and MI; Peripheral Vascular Disease; Respiratory Problems; Pneumonia; Influenza; Tuberculosis; Obstructive Airway Disease; Gastrointestinal Problems; Gastroesophageal Reflux Disease; Hematological Problems; Anemia; Genitourinary Problems; Urinary Tract Infections; Sexually Transmitted Diseases; Cancer; Prostate Cancer; Breast Cancer; Musculoskeletal Problems
Osteoarthritis and Degenerative Joint Disease

Sommario/riassunto

"" In this book, the tools and clear presentation of information related to the actual testing process provide the learner with a framework for confidence as he or she prepares for the exam. More important, however, is the elaborate presentation of the certification content and the attention to the important physical and psychosocial elements of the human aging process. "" -Geraldine Bednash , PhD, RN, FAAN. Executive Director. American Association of Colleges of Nursing. This is the only certification review for the gerontology nursing specialty exam that has it all- a comprehensive review s
