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Titolo	You are what you hear [[electronic resource]] : how music and territory make us who we are // Harry Witchel
Pubbl/distr/stampa	New York, : Algora Pub., c2010
ISBN	0-87586-806-1
Descrizione fisica	1 online resource (232 p.)
Disciplina	781/.11
Soggetti	Music - Psychological aspects Human territoriality
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Why do we listen to music? -- Why does music make sex better? -- Why do some people love Beethoven and others rap music? -- Is musical taste 100% nurture, or is there a role for nature? -- Why do aggressive young men blare out booming music from their cars? -- Why do we listen to sad music? -- Does violent music lead to violent behavior? -- Does listening to Mozart make you smarter or just happier? -- Does music make the brain grow larger? -- Can music surreptitiously influence what we decide to buy in shops? -- Can music cure? -- Afterword : the power of music.
Sommario/riassunto	Have you ever wondered why music makes you feel so good? Why did we evolve to have music, and what does music do to us? You Are What You Hear is a bit of a romp compared to the usual science book. Dr. Witchel, a specialist in music, pleasure and the brain, explains how the body and the brain are influenced by different kinds of music, why some music makes us joyous, while other music makes us sad, or angry, or anxious, and how the brain interprets this music. He also shows how music plays with your mind ? what you think, how you decide what to buy, and even how smart you are. Dr. Witchel's int