

1. Record Nr.	UNINA9910813967603321
Autore	Jukelevics Nicette <1948->
Titolo	Understanding the dangers of cesarean birth : making informed decisions // Nicette Jukelevics ; foreword by Charles Mahan
Pubbl/distr/stampa	Westport, Conn. : , : Praeger Publishers, , 2008 London : , : Bloomsbury Publishing (UK), , 2024
ISBN	979-82-16-02986-1 0-275-99906-8
Edizione	[1st ed.]
Descrizione fisica	1 online resource (299 p.)
Collana	The Praeger series on contemporary health and living, , 1932-8079
Disciplina	618.8/6
Soggetti	Cesarean section Mothers - Health and hygiene Self-care, Health
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; Contents; Series Foreword; Foreword; Preface; Acknowledgments; Abbreviations; Introduction; Part I. Background; 1. Free Fall; 2. Nondisclosure: The Missing Information for Making Informed Decisions; 3. Patient Choice or Physician Choice Cesareans?; Part II. Cesarean Delivery and Its Impact on Mother and Baby; 4. About Cesarean Section; 5. How Safe Are Cesareans?; 6. Breaking the Silence: Birth Trauma, Cesareans, and Posttraumatic Stress; 7. How Does a Cesarean Birth Affect the Baby?; 8. Impact of a Cesarean Delivery on a Future Pregnancy; Part III. Common Reasons for Cesarean 9. I'm Laboring as Fast as I Can: Prolonged Labor, a Highly Variable Diagnosis10. Especially for Mothers: Walk, Rock, Sway, Squat, You Can Help Your Labor to Progress; 11. Laboring for a VBAC: A Safe Alternative to a Repeat Operation; 12. Electronic Fetal Monitoring: More Information Is Not Always Better; 13. Breech Version: A Safe Alternative to a Planned Cesarean; 14. Elective Induction of Labor: A Risk Factor for Cesarean Delivery; Part IV. Reducing the Risks for Cesarean; 15. Especially for Mothers: Coping with the Pain of Labor; 16. Labor Support by Women for Women 17. Giving Birth with Midwives: Excellent Outcomes with Fewer

Cesareans18. Out of Hospital Birth Lowers the Odds for Cesarean Section; 19. Especially for Mothers: Reducing the Odds for a Cesarean-What To Do during Pregnancy; 20. Especially for Mothers: Reducing the Odds for a Cesarean-What To Do during Labor and Birth; Part V. Changing the Status Quo; 21. Why Normal Birth Matters; 22. Resources: Truth and Transparency in Maternity Care; Glossary; A; B; C; D; E; F; G; H; I; J; L; M; N; O; P; R; S; T; U; V; Notes; Index; A; B; C; D; E; F; G; H; I; J; K; L; M; N; O; P; R; S; T; U; V; W; Y; Z

---

Sommario/riassunto

Cesarean delivery - childbirth through an incision in the mother's lower abdomen - is now the most common major surgical procedure performed in the United States. No one argues over the fact that it can be a life-saving procedure when the baby or mother is at risk. But for almost three decades in this nation, cesarean deliveries have increased, without substantially better outcomes for babies or mothers. Experts warn that up to 50 percent of the more than 1 million C-sections performed here each year are unnecessary. And that is where Nicette Jukelevics, a certified childbirth educator, resea

---