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Titolo	Adolescent risk behaviors : why teens experiment and strategies to keep them safe // David A. Wolfe, Peter G. Jaffe, Claire V. Crooks
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ISBN	1-281-74088-8 9786611740887 0-300-12744-8
Edizione	[1st ed.]
Descrizione fisica	1 online resource (293 p.)
Collana	Current perspectives in psychology
Altri autori (Persone)	CrooksClaire V JaffePeter G
Disciplina	155.4/18
Soggetti	Risk-taking (Psychology) in adolescence - Prevention
Lingua di pubblicazione	Inglese
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Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. 237-266) and index.
Nota di contenuto	Series foreword / Alan E. Kazdin -- Preface -- Acknowledgments -- Valuing adolescence -- Learning the rules of relating -- The dark side of the rules -- Choices and pressures of today's youth -- Making sense of making choices -- What works in prevention: promises and pitfalls -- The blueprint: best principles for program design -- The delivery: best practices for strengthening relationships and managing risks -- The context: overcoming barriers and engaging schools -- The evolution of universal efforts to reduce adolescent risk behaviors.
Sommario/riassunto	This book focuses on the crucial role that relationships play in the lives of teenagers. The authors particularly examine the ways that healthy relationships can help teens avoid such common risk behaviors as substance abuse, dating violence, sexual assault, and unsafe sexual practices. Addressing the current lack of effective prevention programs for teens, they present new strategies for encouraging healthy choices. The book first traces differences between the "rules of relating" for boys and girls and discusses typical and atypical patterns of experimentation in teens. The authors identify the common link among risk behaviors: the relationship connection. In the second part of the book, they examine the principles of successful programs used by schools and communities to cultivate healthy adolescent development.

An illuminating conclusion describes the key ingredients for engaging adolescents, their parents, teachers, and communities in the effort to promote healthy, nonviolent relationships among teens.
