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Titolo	A clinician's guide to gender-affirming care : working with transgender and gender-nonconforming clients / / Sand C. Chang, Anneliese A. Singh, Lore M. Dickey ; foreword by Mira Krishnan
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ISBN	1-68403-053-6
Descrizione fisica	1 online resource (314 pages)
Disciplina	616.8900867
Soggetti	Transgender people - Mental health Transgender people - Counseling of Sexual minorities - Mental health Sexual and Gender Minorities Mental Health Services Health Services for Transgender Persons Delivery of Health Care - methods Mental health care for LGBTQ people
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Challenge your gender training -- Respect client self-determination -- Understand cultural landscapes of gender diversity -- Know the history of trans health care in the U.S. -- Consider diverse genders and sexualities -- Understand your role as a mental health provider -- Develop trans-affirming mental health diagnostic skills -- Identify barriers and challenges -- Cultivate resilience -- Assess mental health needs -- Know options for social, medical, and legal transition -- Assess and refer for gender-affirming medical care -- Collaborate with interdisciplinary providers and trans communities -- Practice affirming individual counseling -- Support trans clients in relationship and family counseling -- Connect clients to group support -- Affirm trans clients across the lifespan -- Support gender expansive youth -- Create trans-affirming practice environments -- Be a strong trans advocate -- Empower trans counselors. -- From publisher's description.

Sommario/riassunto

As a clinician, you understand there's no one-size-fits-all approach for working with transgender and gender nonconforming (TGNC) clients. These clients each require unique treatment methods that address who they are in relation to the world. This comprehensive guide outlines the latest research and recommendations to provide you with the requisite knowledge, skills, and awareness to treat TGNC clients with competent and affirming care. You'll learn about the historical and cultural contexts of this population, as well as ethical and legal issues that can arise when networking with gender-diverse individuals in a clinical setting. You'll also find information about informed consent approaches, and referral for medical procedures such as hormone therapy or surgery. This book provides everything you need to enhance your practice and help your TGNC clients thrive. -- From publisher's description.
