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Autore	Jane Richmond Kia
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Descrizione fisica	1 online resource (x, 213 pages)
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	<i>Acknowledgments</i> Introduction Chapter 1 Attention-Deficit/Hyperactivity Disorder and Related Disorders Chapter 2 Schizophrenia Spectrum and Other Psychotic Disorders Chapter 3 Bipolar Disorder and Related Disorders Chapter 4 Depressive Disorders Chapter 5 Anxiety Disorder and Related Disorders Chapter 6 Obsessive-Compulsive Disorder and Related Disorders Chapter 7 Trauma- and Stressor-Related Disorders Chapter 8 Feeding and Eating Disorders Chapter 9 Substance-Related and Addictive Disorders Chapter 10 Nonsuicidal Self-Injury and Suicidal Behavior Disorders <i>Resources for Exploring Mental Illness through Young Adult Literature in the Classroom</i> Sample Lesson Plan for <i>When Reason Breaks</i> Sample Lesson Plan for <i>The Impossible Knife of Memory</i> Classroom Activity: Close Reading and Language Analysis Classroom Activity: Mental-Health Professionals and Treatments in Young Adult Literature Textbooks on Young Adult Literature Community-Health Resource List <i>Index</i>
Sommario/riassunto	This book explores how mental illness is portrayed in 21st-century

young adult fiction and how selected works can help teachers, librarians, and mental health professionals to more effectively address the needs of students combating mental illness.

Mental Illness in Young Adult Literature: Exploring Real Struggles through Fictional Characters highlights American young adult literature published since the year 2000 that features characters grappling with mental illness. Chapters focus on mental disorders identified by the most recent *Diagnostic and Statistical Manual of Mental Disorders* (DSM-5), including anxiety, depression, bipolar disorder, schizophrenia, ADHD, and OCD. Each chapter begins with a description of a mental illness that includes its prevalence, demographic trends, symptoms, related disorders, and treatment options before examining a selection of young adult texts in depth. Analysis of the texts explores how a mental illness manifests for a particular character, how that character perceives him- or herself and is perceived by others, and what treatment or support he or she receives. The connections between mental illness and race, ethnicity, gender, sexuality, and identity are examined, and relevant research from education, psychology, and adolescent health is thoroughly integrated. Each chapter also provides a list of additional readings. An appendix offers strategies for integrating young adult literature into health curricula and other programs.
