

1. Record Nr.	UNINA9910813644703321
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Titolo	Becoming a reflexive researcher : using our selves in research // Kim Etherington
Pubbl/distr/stampa	London ; ; Philadelphia, PA, : Jessica Kingsley Publishers, 2004
ISBN	1-280-26671-6 9786610266715 1-84642-013-X 1-4237-1059-2
Edizione	[1st ed.]
Descrizione fisica	1 online resource (286 p.)
Disciplina	150/.72
Soggetti	Counseling - Research - Methodology Counselors - Psychology Psychology - Biographical methods Psychotherapists - Psychology Psychotherapy - Research - Methodology
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Becoming a Reflexive Researcher:Using Our Selves in Research; Contents; Preface: In the Beginning is My Ending...; Part 1:Bringing Theories Alive; 1.Introduction; 2. Reflexivity: Meanings and Other Matters; 3.Everything but the Kitchen Sink; 4.Re-telling Stories of 'Everythingbut the Kitchen Sink'; 5.Methodologies and Methods; Endnote to Part 1Beware; Part 2:The Masters Stage of the Journey; 6. A Personal Journey: My Masters Stage; 7.The Supervisor's Role in ReflexiveResearch at the Masters Stage; 8.Heuristic Inquiry as a Vehiclefor Growth and Development; 9.Keeping a ReflexiveResearch Journal 10.Autoethnography11.Using Creativityin Autoethnography; Endnote to Part 2:Talking to the world(from Mel's conversation with me); Part 3:The Doctoral Stages; 12.The PhD Student-SupervisorRelationship; 13. Connecting DoctoralResearch Topics to Ourselves; 14.Stories of Liberationand Independence; 15.Too Close To Home:A Dilemma of Involvement; 16.Reflexive Embodied Research; 17.Ethical

Relationshipsin Reflexive Research; Part 4:The Postdoctoral Stages; 18.  
Being a ReflexivePostdoctoral Researcher; Endnote to Part 4:A Dream;  
References; Subject Index; Author Index

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**Sommario/riassunto**

In this book, Kim Etherington uses a range of narratives to show the reader how reflexive research works in practice, linking this with underpinning philosophies. Placing her own journey as a researcher alongside others, she suggests that recognising the role of self in research can open up opportunities for creative and personal transformations.

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