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| Autore                  | Miklowitz David Jay <1957->  |
| Titolo                  | The bipolar teen : what you can do to help your child and your family /<br>/ David J. Miklowitz, Elizabeth L. George   |
| Pubbl/distr/stampa      | New York, : Guilford Press, c2008  |
| ISBN                    | 1-60623-758-6<br>1-281-96314-3<br>9786611963149<br>1-59385-846-9   |
| Edizione                | [1st ed.]  |
| Descrizione fisica      | 1 online resource (368 p.)   |
| Altri autori (Persone)  | GeorgeElizabeth L (Elizabeth Levergood)  |
| Disciplina              | 616.89/500835  |
| Soggetti                | Manic-depressive illness in adolescence  |
| Lingua di pubblicazione | Inglese  |
| Formato                 | Materiale a stampa   |
| Livello bibliografico   | Monografia   |
| Note generali           | Description based upon print version of record.  |
| Nota di bibliografia    | Includes bibliographical references (p. 335-348) and index.  |
| Nota di contenuto       | What's happening to my teenager? -- A close look at the symptoms --<br>Getting an accurate diagnosis -- Living with bipolar disorder: what your<br>family can expect -- How did my teenager get this illness? --<br>Medications for bipolar disorder in teens -- How psychotherapy can<br>help your teenager and your family -- Helping your teen accept<br>ongoing medication treatment -- Family management and coping --<br>Tools and tactics for preventing mood episodes -- What to do when<br>mania begins -- How to handle depression -- Dealing with suicidal<br>thinking and behavior -- Tackling the school environment. |
| Sommario/riassunto      | Bipolar disorder is difficult at any age, but it can be particularly<br>daunting for teenagers and their families. This book provides<br>information parents can use to help teens cope - and thrive. It helps<br>parents distinguish between the typical ups and downs of teen life and<br>the symptoms of mania or depression.   |