

1. Record Nr.	UNINA9910813511203321
Autore	Parkinson Rob
Titolo	Transforming tales : how stories can change people / / Rob Parkinson
Pubbl/distr/stampa	London ; ; Philadelphia, : Jessica Kingsley Publishers, 2009
ISBN	1-282-29770-8 9786612297700 1-84642-919-6
Edizione	[1st ed.]
Descrizione fisica	1 online resource (340 p.)
Disciplina	616.89/165 616.89165
Soggetti	Narrative therapy Storytelling Bibliotherapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	FRONT COVER; Transforming Tales: How Stories CanChange People; Contents; TABLE OF STORIES; ACKNOWLEDGEMENTS; INTRODUCTION; 1. The Natural Storyteller; 2. The Spanish Game: Guided Imagery andStories; 3. The Way You Tell 'Em: The Art and Craft ofOral Storytelling; 4. Traditional Ways of Storytelling; 5. Marvellous Miniatures: Making ShortMetaphors; 6. New Lamps for Old: Transposing Stories; 7. Traps and Treasures: Symbols, Storieswithin Stories and Metaphorical Literacy; NOTES; BIBLIOGRAPHY; SUBJECT INDEX; AUTHOR INDEX; back cover
Sommario/riassunto	This book reveals the true impact of stories on our lives and how stories can create feelings of hope, take away psychological distress and even stimulate the immune system. It contains over 90 short stories, and allows readers to understand the patterns storytellers use to captivate attention and how truths are often encapsulated in stories.