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Nota di contenuto	Part I. American Health and the Colonial Years: 1600- -- Faith, Religion, and Healing in Colonial America -- Domestic Health Care and Informal Specialists -- Part II. Growing Pains: The Emergence of Specialized Medicine; 1750- -- The Rise of Institutional Care -- Licenses and Liabilities: Medical Training Becomes Formal -- Suspect Specialists -- Part III. Reformation and Reconstruction: 1850- -- The Civil War and the Reformation of American Medicine -- Ventilation, Germs, and Hygiene: The Post Civil War Reform -- Hospital Reformation and Redirection -- Part IV. The Road to Well-Being: 1850- -- Self-Help Meets Regulation: Patent Medicines, Personal Care, and Professional Regulation -- Making Oneself Better: Vitamins, Diet, Exercise, and Other Fads -- Conclusion: The Road to Wellness
Sommario/riassunto	This volume traces the history of American healthcare and wellbeing from the colonial era to the present, drawing on evidence from material culture and historical documents to offer insights into the longstanding tension between traditional and institutionalized cures, as well as the emergence of the country's unique brand of medical consumerism.