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Nota di contenuto	Setting the Context: Paradigms, Change, and Research Approach -- Looking Back: The Traditional Paradigm in Mental Health -- Moving Ahead: Towards An Empowerment-Community Integration Paradigm in Community Mental Health -- 'Nothing about Me without Me': Research Approach and Methodology -- The State and the Community: Policy and Mental Health Change -- The Sociopolitical and Policy Context: A Historical Review -- A Time of Change: The Growth of Community Mental Health and the Emergence of an Alternative Paradigm, 1985-1994 -- One Journey, Three Pathways: Change in Mental Health Organizations -- Pathways towards Change: The Process of Organizational Change in Three Mental Health Organizations -- Organizational Change: Outcomes in the Three Community Mental

Health Organizations -- Improving Individual Lives: Developing 'Self in Community' -- Personal Empowerment -- Community Support and Integration -- Social Justice and Access to Valued Resources -- Living with Change: Themes and Lessons from Shifting the Paradigm -- The Future: New Directions for the Empowerment-Community Integration Paradigm -- Final Reflections on the Research Process.

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Sommario/riassunto

"This study examines changes in the values and practices within community mental health that occurred between 1984 and 1998 in the Kitchener-Waterloo area. During this period, a distinct shift in policy coincided with a new emphasis on mental health reform. This unique two-and-a-half year study examined one community in depth by looking at the changes that occurred and their effects on individuals, organizations, and policy." "Throughout the course of the study, most of the changes in policy and practice focused on stakeholder participation and empowerment. Consumer/survivors actively participated in mental health planning and policy making, organization development, and implementation of services and supports." "Shifting the Paradigm in Community Mental Health is a guide for future research, and for consumers and administrators in the mental health field as well as in other areas of human services."--Jacket

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