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Titolo	Social support and physical health : understanding the health consequences of relationships // Bert N. Uchino
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Edizione	[1st ed.]
Descrizione fisica	1 online resource (1 online resource (ix, 222 p.)) : ill
Collana	Current perspectives in psychology
Disciplina	615.5
Soggetti	Health Patients - Social networks Social networks - Therapeutic use
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Bibliographic Level Mode of Issuance: Monograph
Nota di bibliografia	Includes bibliographical references (p. 183-213) and index.
Nota di contenuto	Introduction and historical perspectives -- The meaning and measurement of social support -- Theoretical perspectives linking social support to health outcomes -- Social support and all-cause mortality -- Social support and mortality from specific diseases -- Pathways linking social support to health outcomes -- Intervention implications -- Future directions and conclusions.
Sommario/riassunto	This state-of-the-art book examines the effect of social relationships on physical health. It surveys and assesses the research that shows not only that supportive relationships protect us from a multitude of mental health problems but also that the absence of supportive relationships increases the risk of dying from various diseases. Bert N. Uchino discusses the links between social support and mortality from cardiovascular disease, cancer, and HIV/AIDS. He investigates whether social support is more effective for some individuals and within certain cultures. After evaluating existing conceptual models linking social support to health outcomes, he offers his own broader perspective on the issue. And he suggests the implications for intervention and for future research in this area.

