

1. Record Nr.	UNINA9910460331803321
Autore	Lamont Michele <1957->
Titolo	How professors think [[electronic resource]] : inside the curious world of academic judgment // Michele Lamont
Pubbl/distr/stampa	Cambridge, Mass., : Harvard University Press, 2009
ISBN	0-674-05415-6
Descrizione fisica	1 online resource (337 p.)
Disciplina	378.1/2
Soggetti	College teachers - Rating of Peer review Teacher effectiveness Portfolios in education Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Bibliographic Level Mode of Issuance: Monograph
Nota di bibliografia	Includes bibliographical references (p. 289-315) and index.
Nota di contenuto	Opening the black box of peer review -- How panels work -- On disciplinary cultures -- Pragmatic fairness : customary rules of deliberation -- Recognizing various kinds of excellence -- Considering interdisciplinarity and diversity -- Implications in the United States and abroad.
Sommario/riassunto	Judging quality isn't robotically rational; it's emotional, cognitive, and social, too. Yet most academics' self-respect is rooted in their ability to analyze complexity and recognize quality, in order to come to the fairest decisions about that elusive god, "excellence." In <i>How Professors Think</i> , Lamont aims to illuminate the confidential process of evaluation and to push the gatekeepers to both better understand and perform their role. --from publisher description.

2. Record Nr.	UNINA9910813338303321
Autore	Plumez Jacqueline Hornor
Titolo	The bitch in your head : how to finally squash your inner critic / / Dr. Jacqueline Hornor Plumez
Pubbl/distr/stampa	Lanham, Maryland : , : Taylor Trade Publishing, , 2015 ©2015
Descrizione fisica	1 online resource (200 p.)
Disciplina	158.1
Soggetti	Criticism, Personal Self-talk Negativism Women - Psychology Self-esteem in women
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	""CONTENTS""; ""Chapter 1. INTRODUCING THE BITCH""; ""Chapter 2. LITTLE BITCH: It Can Start in Childhood""; ""Chapter 3. BEAUTY AND THE BITCH: Inner Ugliness""; ""Chapter 4. BITCH OF A DATE: The Bitch Makes Three a Crowd""; ""Chapter 5. BITCH AND CHAIN: Divorce The Bitch Instead of Your Mate""; ""Chapter 6. THE PARENTING BITCH: Give Her a Time-Out""; ""Chapter 7. THE BITCH AT WORK: How Not to Get Promoted""; ""Chapter 8. SPORTY BITCH: What Makes Athletes Lose""; ""Chapter 9. THE BLAME BITCH: Mistakes, Failure, and Inequity""; ""Chapter 10. THE BITCH AT NIGHT: Sleep Tight, Dona€?t Let The Bitch Bite""""Chapter 11. THE PARTY BITCH: Never Invite Her""; ""Chapter 12. BITCH-A-PHOBIA: Shea€?s Really Scary""; ""Chapter 13. SICK BITCH: Some of Ita€?s in Your Head""; ""Chapter 14. THE BITCH IN SOMEONE ELSEa€?S HEAD: Self-Protection""; ""Chapter 15. OLD BITCH: Spoiling the Golden Years""; ""Chapter 16. DING DONG, THE BITCH IS DEAD: (And How to Keep Her That Way)""; ""LETa€?S HELP EACH OTHER""; ""BOOK GROUP QUESTIONS""; ""ACKNOWLEDGMENTS""; ""BIBLIOGRAPHY""; ""ABOUT THE AUTHOR""
Sommario/riassunto	Do you ever find yourself thinking, how could you be so stupid, you

look fat, or you're a horrible mother? Are you afraid people will find out you've fooled them into thinking you're competent? If you're guilty of expressing these types of discouraging messages, then you have a bitch in your head. This self-critical behavior can wreak havoc with your life—it can keep you from getting the love you want, the raise you deserve, or even a good night's sleep. Dr. Plumez began to notice a pattern with her patients being too hard on themselves. She found that gentler approaches didn't work, but when s
