

1. Record Nr.	UNINA9910460331803321
Autore	Lamont Michele <1957->
Titolo	How professors think [[electronic resource]] : inside the curious world of academic judgment / / Michele Lamont
Pubbl/distr/stampa	Cambridge, Mass., : Harvard University Press, 2009
ISBN	0-674-05415-6
Descrizione fisica	1 online resource (337 p.)
Disciplina	378.1/2
Soggetti	College teachers - Rating of Peer review Teacher effectiveness Portfolios in education Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Bibliographic Level Mode of Issuance: Monograph
Nota di bibliografia	Includes bibliographical references (p. 289-315) and index.
Nota di contenuto	Opening the black box of peer review -- How panels work -- On disciplinary cultures -- Pragmatic fairness : customary rules of deliberation -- Recognizing various kinds of excellence -- Considering interdisciplinarity and diversity -- Implications in the United States and abroad.
Sommario/riassunto	Judging quality isn't robotically rational; it's emotional, cognitive, and social, too. Yet most academics' self-respect is rooted in their ability to analyze complexity and recognize quality, in order to come to the fairest decisions about that elusive god, "excellence." In How Professors Think, Lamont aims to illuminate the confidential process of evaluation and to push the gatekeepers to both better understand and perform their role. --from publisher description.

2. Record Nr.	UNINA9910813338303321
Autore	Plumez Jacqueline Hornor
Titolo	The bitch in your head : how to finally squash your inner critic / / Dr. Jacqueline Hornor Plumez
Pubbl/distr/stampa	Lanham, Maryland : , : Taylor Trade Publishing, , 2015 ©2015
Descrizione fisica	1 online resource (200 p.)
Disciplina	158.1
Soggetti	Criticism, Personal Self-talk Negativism Women - Psychology Self-esteem in women
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	""CONTENTS""; ""Chapter 1. INTRODUCING THE BITCH""; ""Chapter 2. LITTLE BITCH: It Can Start in Childhood""; ""Chapter 3. BEAUTY AND THE BITCH: Inner Ugliness""; ""Chapter 4. BITCH OF A DATE: The Bitch Makes Three a Crowd""; ""Chapter 5. BITCH AND CHAIN: Divorce The Bitch Instead of Your Mate""; ""Chapter 6. THE PARENTING BITCH: Give Her a Time-Out""; ""Chapter 7. THE BITCH AT WORK: How Not to Get Promoted""; ""Chapter 8. SPORTY BITCH: What Makes Athletes Lose""; ""Chapter 9. THE BLAME BITCH: Mistakes, Failure, and Inequity"" ""Chapter 10. THE BITCH AT NIGHT: Sleep Tight, Don't Let The Bitch Bite"" ""Chapter 11. THE PARTY BITCH: Never Invite Her""; ""Chapter 12. BITCH-A-PHOBIA: She's Really Scary""; ""Chapter 13. SICK BITCH: Some of It's in Your Head""; ""Chapter 14. THE BITCH IN SOMEONE ELSE'S HEAD: Self-Protection""; ""Chapter 15. OLD BITCH: Spoiling the Golden Years""; ""Chapter 16. DING DONG, THE BITCH IS DEAD: (And How to Keep Her That Way)""; ""LET'S HELP EACH OTHER""; ""BOOK GROUP QUESTIONS""; ""ACKNOWLEDGMENTS""; ""BIBLIOGRAPHY""; ""ABOUT THE AUTHOR""
Sommario/riassunto	Do you ever find yourself thinking, how could you be so stupid, you

look fat, or you're a horrible mother? Are you afraid people will find out you've fooled them into thinking you're competent? If you're guilty of expressing these types of discouraging messages, then you have a bitch in your head. This self-critical behavior can wreak havoc with your life-it can keep you from getting the love you want, the raise you deserve, or even a good night's sleep. Dr. Plumez began to notice a pattern with her patients being too hard on themselves. She found that gentler approaches didn't work, but when s
