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## Sommario/riassunto

Providing theory and practical interventions, this book is the perfect companion to creative arts therapy students and professionals who wish to work with the LGBTQ community and the unique challenges that sexual minorities, transgender and gender non-conforming (TGNC) clients face today. Considering ally development, unconscious bias and intersectionality, the book provides theory, case studies and practical guidance for working with this client group, as well as experiences emerging from within the LGBTQ and CATs community. The contributors cover a wide range of topics, from exploring sexuality and gender identity through portraiture to facilitating a music therapy group with transgender clients, and foster ally development in senior living communities through a multimodal approach. With research finding that people from the LGBTQ community are at increased risk of depression and anxiety, Creative Art Therapies and the LGBTQ Community provides indispensable guidance for therapists.