

1. Record Nr.	UNINA9910162832003321
Autore	Dickinson Ross
Titolo	How to unplug : get off your gadgets and start enjoying real life / / Ross Dickinson
Pubbl/distr/stampa	Chichester, England : , : Vie, , 2016 ©2016
ISBN	1-78372-800-0
Descrizione fisica	1 online resource (128 pages) : illustrations
Disciplina	153.8
Soggetti	Motivation (Psychology)
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Sommario/riassunto	Do you feel like a slave to your smartphone? If it seems like you've become a junkie to modern technology, this sanity-saving collection of ideas will motivate you to get more out of life. Full of suggestions to help you unwind and reconnect with the world around you, How to Unplug is a handbook for refreshing yourself in the digital age.

2. Record Nr.	UNINA9910813198603321
Autore	Costache Doru
Titolo	Humankind and the cosmos : early Christian representations / / Doru Costache
Pubbl/distr/stampa	Leiden : , : Brill, , [2021] ©2021
ISBN	90-04-46834-X
Descrizione fisica	1 online resource (435 pages)
Collana	Vigiliae Christianae, Supplements
Disciplina	261.88
Soggetti	Nature - Religious aspects - Christianity Cosmology, Ancient
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Introduction : the world of the early Christians -- Methodological prolegomena -- Cosmic harmony -- Contemplation of the natural world : the second and the third century -- Contemplation of the natural world : the fourth century -- From the periphery to the centre -- Description and interpretation -- Anthropic perspectives -- Conclusions : yesterday's lessons for today.
Sommario/riassunto	"In this volume, Costache endeavours to map the world as it was understood and experienced by the early Christians. Progressing from initial fears, they came to adopt a more positive view of the world through successive shifts of perception. This did not happen overnight. Tracing these shifts, Costache considers the world of the early Christians through an interdisciplinary lens, revealing its meaningful complexity. He demonstrates that the early Christian worldview developed at the nexus of several perspectives. What facilitated this process was above all the experience of contemplating nature. When accompanied by genuine personal transformation, natural contemplation fostered the theological interpretation of the world as it had been known to the ancients"--