Record Nr. UNINA9910813180403321 Healthy living, grade 10: STEM road map for high school / / edited by **Titolo** Carla C. Johnson, Janet B. Walton, and Erin Peters-Burton Pubbl/distr/stampa Arlington:,: National Science Teaching Association,, [2020] 2020 **ISBN** 1-68140-496-6 Descrizione fisica 1 online resource (ix, 133 pages): illustrations Collana Gale eBooks 613.0712 Disciplina Health education (Secondary) Soggetti Nutrition - Study and teaching (Secondary) Tenth grade (Education) Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Nota di bibliografia Includes bibliographical references and index. part 1. The STEM road map: background, theory, and practice -- part Nota di contenuto Healthy living, STEM road map module. "In this module, students learn about health through the perspectives Sommario/riassunto of a cell biologist, nutrition scientist, biochemist, physiologist, public health practitioner, consumer, and citizen. Messages about being healthy permeate society. Students will develop an in-depth understanding of what the body needs to function properly by closely examining the topics of cell metabolism and structure. Students will work in teams to investigate healthy lifestyle, examining the physiological effects of exercise and nutrition on health. Further, students will identify factors that inhibit and enhance health and interview key stakeholders in their communities"--