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Titolo	Food in the Gilded Age : what ordinary Americans ate // Robert Dirks
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Collana	Rowman & Littlefield studies in food and gastronomy
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Sommario/riassunto	The Gilded Age is renowned for the excesses of the robber barons and tycoons. The lavishness of their tables impressed contemporaries and historians alike. But what about the eating habits of ordinary Americans at the time? Robert Dirks answers that question by peering through the lens of what then was a newly emerging science of nutrition.