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Titolo	Experiential unity theory and model [[electronic resource] ] : reclaiming the soul // Alyson Quinn
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Edizione	[1st ed.]
Descrizione fisica	1 online resource (163 p.)
Disciplina	616.89/152
Soggetti	Experiential psychotherapy Group psychotherapy Group counseling
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	A brief history of group therapy -- Cultural influences impacting healing -- Bridging indigenous and western healers -- Experiential unity theory and model -- Facilitator skills and complementary components of the model -- Examples of other tools and process.
Sommario/riassunto	The Experiential Unity Theory and Model is an approach to group therapy and counseling that is integrative; it includes mind, body, soul, and emotional content in its effort to provide a healing milieu for clients suffering from depression, anxiety, stress, and other symptoms. The Model assists clients in their ability to address root causes, namely disconnection from soul, and facilitates the transformational healing that clients are desperately seeking.