Record Nr. UNINA9910813018303321 The shoulder and the overhead athlete // Sumant G. Krishnan, Richard **Titolo** J. Hawkins, Russell F. Warren, editors; Robert Hurley, acquisition editor ; Michelle LaPlante, developmental editor ; Rakesh Rampertab, production editor; Karen Quigley, cover designer Pubbl/distr/stampa Philadelphia, Pennsylvania:,: Lippincott Williams & Wilkins,, 2004 ©2004 **ISBN** 1-4698-7818-6 Edizione [First edition.] Descrizione fisica 1 online resource (373 p.) 617.5/72044 Disciplina Shoulder - Wounds and injuries Soggetti Shoulder joint - Wounds and injuries Shoulder - Wounds and injuries - Surgery Shoulder joint - Wounds and injuries - Surgery Sports injuries Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Sommario/riassunto Written by a multidisciplinary team of expert shoulder surgeons, athletic trainers, and physical therapists, this volume is the most complete and up-to-date reference on the evaluation, treatment, rehabilitation, and prevention of shoulder injuries in throwing and other overhead athletes. The first section includes chapters on shoulder anatomy and biomechanics, clinical examination, radiographic evaluation, resistance training and core strengthening, and specific exercises for the throwing shoulder. The second section describes state-of-the-art techniques for treatment and rehabilitation of e