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Nota di contenuto	CONTENTS; Contributors; Foreword by R. Mimi Secor, MS, MEd, FNP-BC, FAANP; Preface; Acknowledgments; PART I: GENERAL GUIDELINES FOR WOMEN'S HEALTH CARE; 1. Well Woman Initial/Annual Gynecologic Exam; 2. Safe Practices for Clinicians; 3. Complementary and Alternative Therapies; 4. Smoking Cessation; 5. Weight Management; 6. Guidelines for Assessing Victims of Abuse and Violence; Assessment for Abuse and/or Violence; PART II: GUIDELINES FOR CONTRACEPTION AND PRECONCEPTION CARE; 7. Methods of Contraception and Family Planning; Barrier Methods; Contraceptive Spermicides and Condoms Emergency ContraceptionHormonal Contraception; Intrauterine Devices/Intrauterine Contraceptive Devices; Natural Family Planning; Sterilization; 8. Preconception Care; PART III: GUIDELINES FOR MANAGING WOMEN'S HEALTH CONDITIONS; 9. Breast Conditions; Abnormal Breast Discharge; Breast Mass; Breast Pain; 10. Cervical Aberrations; Cervicitis; Papanicolaou (PAP) Smear and Colposcopy; 11. Emotional and Mental Health Issues; Appropriate for Assessment and Treatment inWomen's Health Care Setting; 12. Genitourinary Tract Conditions; Interstitial Cystitis/Painful Bladder Syndrome

Urinary Tract Infection; 13. Infertility; 14. Loss of Integrity of Pelvic Floor Structures; 15. Medical Abortion; Postabortion Care: Medical and Surgical; Postabortion Complications; 16. Menstrual Disorders; Abnormal Vaginal Bleeding; Amenorrhea; Dysmenorrhea; Endometrial Biopsy; Premenstrual Syndrome; 17. Miscellaneous Gynecologic Conditions; Abdominal Pain; Acute Pelvic Pain; Bartholin's Cyst, Bartholinitis; Chronic Pelvic Pain; Dysesthetic Vulvodynia; Pediculosis; Pelvic Inflammatory Disease; Pelvic Mass; Scabies; Uterine Leiomyomata; Vulvar Conditions; 18. Perimenopause and Postmenopause
General Care Measures
Hormone Therapy; Osteoporosis; 19. Polycystic Ovary Syndrome; 20. Sexual Dysfunction; 21. Vaginal Conditions; Checklist for Vaginal Discharge Workup; Checklist for Vaginal Discharge With Odor Workup; Candidiasis; Bacterial Vaginosis; Chancroid; Chlamydia Trachomatis Infection; Condylomata Acuminata (Genital Warts); Genital Herpes Simplex; Gonorrhea; Granuloma Inguinale; Hepatitis; HIV/AIDS; Lymphogranuloma Venereum; Molluscum Contagiosum; Syphilis; Trichomoniasis; APPENDIX A: Patient Information and Consent Forms; Hormonal Contraceptives
Injectable Contraception (Depo-Provera) Diaphragm; Intrauterine Device; Information Handout for Emergency Contraception; APPENDIX B: Abuse Assessment Screen; APPENDIX C: Danger Assessment; APPENDIX D: Self-Assessment of HIV Risk; APPENDIX E: Women and Heart Disease: Risk Factor Assessment; APPENDIX F: Complementary and Alternative Medicine; APPENDIX G: Constipation; APPENDIX H: Body Mass Index Table; APPENDIX I: "For Your information": Patient Education Handouts; Bacterial Vaginosis; Candidiasis (Monilia) Yeast Infection; Chlamydia Trachomatis; Contraceptive Implant; Contraceptive Patch
Contraceptive Shield: Lea's Shield

Sommario/riassunto

"This textbook provides the busy clinician with a 'one stop' comprehensive guide to women's health that includes essential components of the history, diagnostic workup, treatment, and management guidelines for most common health issues and problems
