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Nota di contenuto	Preliminary Material / Hynek Bartoš -- Introduction / Hynek Bartoš -- 1 The Discovery of Dietetics / Hynek Bartoš -- 2 Philosophy of the Nature of Man / Hynek Bartoš -- 3 Therapy of Body and Soul / Hynek Bartoš -- 4 The Philosophical Legacy of On Regimen / Hynek Bartoš -- Bibliography / Hynek Bartoš -- General Index / Hynek Bartoš -- Index Locorum / Hynek Bartoš -- Index Nominum / Hynek Bartoš.
Sommario/riassunto	This book offers the first extended study published in English on the Hippocratic treatise On Regimen , one of the most important pre-Platonic documents of the discussion of human nature and other topics at the intersection of ancient medicine and philosophy. It is not only a unique example of classical Greek dietetic literature, including the most elaborated account of the micro-macrocosm and physis - techn analogies, but it also provides the most explicit discussion of the soul-body opposition preceding Plato. Moreover, Bartoš argues, it is a rare example of an extant medical text which systematically draws on philosophical authorities, such as Heraclitus, Empedocles and Anaxagoras, and which had a decisive influence on both physicians, such as Galen, and philosophers, most notably Plato and Aristotle.