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| 1. Record Nr. | UNINA9910812781503321 |
| Titolo | Dealing with debt and financial stress // edited by Justin Healey |
| Pubbl/distr/stampa | Thirroul, New South Wales : , : The Spinney Press, , 2018 ©2018 |
| ISBN | 1-925339-61-0 |
| Descrizione fisica | 1 online resource (60 pages) : colour illustrations |
| Collana | Issues in Society ; ; Volume 430 |
| Disciplina | 332.02402 |
| Soggetti | Debt Finance, Personal |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Nota di bibliografia | Includes bibliographical references and index. |
| Nota di contenuto | Chapter 1. Financial stress and debt in Australia -- Chapter 2. Dealing with debt -- Chapter 3. Managing your money. |
| Sommario/riassunto | Many Australians are struggling to meet their payments for mortgages, investments, personal debt, student debt, and credit card debt. This is a helpful guide for young people to understand and avoid financial stress, with advice on how to deal with debt, manage money through budgeting and savings, and develop your financial literacy. Make the most of your money and manage debt. |