

1. Record Nr.	UNINA9910812605703321
Titolo	Contingency management for adolescent substance abuse [[electronic resource] ] : a practitioner's guide / / by Scott W. Henggeler ... [et al.]
Pubbl/distr/stampa	New York, N.Y., : Guilford Press, c2012
ISBN	1-283-34042-9 9786613340429 1-4625-0472-8 1-4625-0276-8
Descrizione fisica	1 online resource (227 p.)
Altri autori (Persone)	HenggelerScott W. <1950->
Disciplina	616.8600835
Soggetti	Teenagers - Substance use Substance abuse - Treatment Cognitive therapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Introduction to contingency management -- Determining the need for substance use treatment -- Introducing contingency management and engaging families in treatment -- ABC assessment of drug use -- Self-management planning and drug refusal skills training -- The point-and-level reward system -- Drug testing protocol -- Synthesizing the components of contingency management -- Conducting contingency management without caregivers.
Sommario/riassunto	This practical manual is based on extensive research and the collaboration of hundreds of community-based therapists. It provides step-by-step guidelines for implementing contingency management (CM)-one of the most effective treatments for substance abuse-with adolescents and their caregivers. Strategies are detailed for assessing substance use disorders, developing individualized cognitive and behavioral interventions, using behavioral contracts and contingencies to reinforce abstinence, and overcoming frequently encountered treatment roadblocks. Extensive sample dialogues illustrate