

1.	Record Nr.	UNISA990005667540203316
	Titolo	Corpus Condillac (1714-1780) / sous la direction de Jean Sgard ; [recherche du] Centre d'etude des sensibilites de l'Universite de Grenoble 3
	Pubbl/distr/stampa	Geneve ; Paris : Slatkine, 1981
	Descrizione fisica	252 p. : ritr. ; 22 cm
	Disciplina	194
	Collocazione	FF 194 COR
	Lingua di pubblicazione	Francese
	Formato	Materiale a stampa
	Livello bibliografico	Monografia
	Note generali	Contiene: Biographie / par Michel Gilot et Jean Sgard
2.	Record Nr.	UNINA9910812509703321
	Autore	Safren Steven
	Titolo	Mastering Your Adult ADHD, Client Workbook : A Cognitive-Behavioral Treatment Program
	Pubbl/distr/stampa	Oxford, : Oxford University Press, 2005
	ISBN	0-19-023036-3 0-19-972738-4
	Edizione	[1st ed.]
	Descrizione fisica	1 online resource (118 p.)
	Collana	Treatments That Work
	Altri autori (Persone)	SprichSusan OttoMichael W
	Disciplina	616.858906 616.85890651
	Soggetti	Attention-deficit hyperactivity disorder in adults Cognitive therapy Medicine Health & Biological Sciences Neurology
	Lingua di pubblicazione	Inglese
	Formato	Materiale a stampa
	Livello bibliografico	Monografia

Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Contents; Information About ADHD and This Treatment Program; Chapter 1: Introduction; Chapter 2: Overview of the Program; Chapter 3: Involvement of Your Family Member; Organization and Planning; Chapter 4: The Foundation: Organization and Planning Skills; Chapter 5: Organization of Multiple Tasks; Chapter 6: Problem-Solving and Managing Overwhelming Tasks; Chapter 7: Organizing Papers; Reducing Distractibility; Chapter 8: Gauging Your Attention Span and Distractibility Delay; Chapter 9: Modifying Your Environment; Adaptive Thinking; Chapter 10: Introduction to a Cognitive Model of ADHD Chapter 11: Adaptive ThinkingChapter 12: Rehearsal and Review of Adaptive Thinking Skills; Additional Skills; Chapter 13: Application to Procrastination; Chapter 14: Relapse Prevention; References; About the Authors
Sommario/riassunto	The intervention described in this client workbook contains all of the necessary information for participating in a practical, tested, and effective cognitive-behavioral intervention for adults with ADHD and residual symptoms not full treated by medications alone.