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Edizione	[1st ed.]
Descrizione fisica	1 online resource (162 p.)
Altri autori (Persone)	StavrouMaria
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Nota di contenuto	Bulimics on Bulimia; Contents; ACKNOWLEDGEMENTS; Introduction; 1. Binging and Purging to Stay Alive; 2. There Goes Alice Down the Hole; 3. Living with Diabulimia; 4. Surrounded by People but Completely Alone; 5. Running Away but Going Nowhere; 6. A Love of Athletics; 7. Recovery or What Passes for Normal; 8. High-functioning Superwoman; 9. The Hardest part is Wanting to Recover; 10. Diagnostic Labels and Sexual Abuse; 11. College plus Eating Disorder Equals...; 12. Not Good Enough; 13. An Addictive Personality, Food and Alcohol; 14. Confession to My Roommate, A Day in My Life 15. Becoming Bankrupt and Losing Everything I Had 16. I Want to Be Like You; 17. Sex, Lies and Hedonism; 18. The Lesbian Bulimic Mafia; 19. Diets Don't Work, Bulimia Does; FURTHER READING
Sommario/riassunto	The book looks at people who are living with the disorder, shedding new light on the day-to-day struggle of coping with bulimia. It challenges the stereotypical image of the bulimic teenage girl, revealing that it affects a far wider range of people, and dispelling the myth that bingeing involves only food and purging involves only vomiting.