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| Descrizione fisica      | 1 online resource (273 p.)  |
| Altri autori (Persone)  | JonesJohn V<br>LyddonWilliam J  |
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| Soggetti                | Cognitive therapy<br>Affective disorders  |
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| Livello bibliografico   | Monografia  |
| Note generali           | Description based upon print version of record.   |
| Nota di bibliografia    | Includes bibliographical references and index.  |
| Nota di contenuto       | Contents; Contributors; Foreword; Preface; Acknowledgments; Chapter 1 Empirically Supported Treatments: An Introduction; Part I: MOOD DISORDERS; Chapter 2 Depression; Chapter 3 Bipolar I Disorder; Part II: ANXIETY DISORDERS; Chapter 4 Phobias; Chapter 5 Panic Disorder; Chapter 6 Obsessive Compulsive Disorder; Chapter 7 Posttraumatic Stress Disorder; Part III: NEW DIRECTIONS AND DEVELOPMENTS; Chapter 8 Anger Management; Chapter 9 Antisocial Behaviors in Children and Adolescents: Expanding the Cognitive Model<br>Chapter 10 Eating Disorders: Enhancing Effectiveness Through the Integration of Cultural FactorsChapter 11 Empirically Supported Treatments: Recent Trends, Current Limitations, and Future Promise; Index; A; B; C; D; E; F; G; H; I; J; K; L; M; N; O; P; R; S; T; U; V; W; Y |
| Sommario/riassunto      | This collection presents empirically validated cognitive techniques for depression, bipolar I disorder, phobias, panic disorder, OCD, PTSD, anger management, eating disorders, and antisocial behavior in children and adolescents. Case examples are integral to each discussion. Emcompassing recent trends, current limitations, and new directions and developments, the book offers a fundamenetal knowledge base for students and practitioners alike.   |

