

1. Record Nr.	UNINA9910812393103321
Titolo	Annual review of gerontology and geriatrics . Volume 15 Focus on nutrition // John E. Morley, Douglas K. Miller, volume editors
Pubbl/distr/stampa	New York, : Springer Publishing Co., c1996
ISBN	1-281-81835-6 9786611818357 0-8261-9778-7
Edizione	[1st ed.]
Descrizione fisica	1 online resource (281 p.)
Collana	Annual review of gerontology and geriatrics ; ; v. 15, 1995
Altri autori (Persone)	MillerDouglas K MorleyJohn E
Disciplina	362.5 362.5/05
Soggetti	Nutrition Aging - Nutritional aspects
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Contents; Contributors; Forthcoming Contents, Volume 16; Chapter 1 INTRODUCTION; Chapter 2 NUTRITIONAL EPIDEMIOLOGY; Chapter 3 NUTRITION IN THE NURSING HOME; Chapter 4 NUTRITION AND THE AFRICAN AMERICAN; Chapter 5 PSYCHOLOGICAL AND SOCIAL FACTORS IN THE PATHOGENESIS OF WEIGHT LOSS; Chapter 6 THE DIAGNOSIS AND MANAGEMENT OF PROTEIN ENERGY UNDERNUTRITION IN OLDER PERSONS; Chapter 7 VITAMINS AND AGING; Chapter 8 EXERCISE AND AGING; Chapter 9 CHOLESTEROL AND THE HEALTHY SENIOR; Index
Sommario/riassunto	Proper nutrition, weight, and exercise have all been strongly linked to improved health and longevity among the elderly. This timely volume presents the latest medical research on nutrition and its impact on healthy aging in a variety of older populations and in a range of care settings. Topics include the diagnosis and management of protein undernutrition; psychological and social factors in weight loss; the effects of vitamins and exercise on aging; and more. This volume will appeal to geriatricians, geriatric researchers and academics, as well as to other health professionals concerned with

