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Soggetti	Couples therapy
Lingua di pubblicazione	Inglese
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Note generali	Formerly CIP.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	section 1. Dealing with a difficult partner: Types of difficult partners ; How to deal with the difficult partner : overview ; How to deal with the difficult partner : therapy strategies for working with offensive difficult partners ; How to deal with the difficult partner : therapy strategies for working with other specific types of difficult partners -- section 2. Issues about secrets ; The dynamics of secrets ; The challenge of working with secrets in couple therapy ; Guidelines and strategies for therapists in dealing with secrets in couple therapy -- section 3. Dealing with a partner who won't/can't change: The dynamics of 'cross over' issues in couple relationships ; Therapist roles, experiences and strategies -- section 4. The breakup of a couple relationship: The dynamics of a break up ; The stages of break up, therapy strategies and the therapist's roles and experiences at each stage.
Sommario/riassunto	This text addresses four common problems that couples therapists face everyday in their offices. The purpose is not only to explore and give case illustrations of these dilemmas, but also to give therapists strategies to use and help them understand and handle their own profound experiences while doing this work.