1. Record Nr. UNINA9910812233203321 Autore Gumbrell David Titolo Spin: time and task management in teaching, 39 refelections to turn task completion into time for you / / David Gumbrell London, England:,: Critical Publishing,, [2021] Pubbl/distr/stampa ©2021 **ISBN** 1-913453-76-6 1-913453-75-8 Edizione [1st ed.] Descrizione fisica 1 online resource (150 pages) Collana **Practical Teaching** Disciplina 371.10019 Soggetti Teachers - Psychology Teaching - Psychological aspects Time management Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Cover -- Half-title -- Series information -- Title page -- Copyright Nota di contenuto information -- Endorsements -- Acknowledgments -- Table of contents -- Meet the Author -- First Things First: An Introduction to Spin -- References -- Part 1 Spinning -- How effective is platespinning as a strategy to get things done for you? -- References -- 1. Jiao-Di opera -- The performer needs to be looked after as much as the plates they are spinning -- 2. Beach balls blow your mind -- Can this way of thinking bring an extra dimension to your time and task management? -- 3. Hypotrochoids and epitrochoids -- Can spinning be anticipated, rather than unforeseen? -- 4. DVDs spin -- How fast can you spin and still be effective? -- Reference -- 5. The treadmill fan -- Can stepping off make you more productive over time? --References -- 6. A roundabout solution -- Can we manage dual jobs simultaneously? -- Reference -- 7. Wind turbines -- Streamlining every part of a turbine in order to be effective -- Reference -- PART 2 Fitting

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39 reflections to turn task completion into time for you Following on from LIFT and RISK, David Gumbrell uses his unique approach to help you juggle your workload and tackle your to do list with greater effectiveness. An increase in productivity means you can create more time for you leading to improved well-being and a happier and relaxed teaching experience.