1. Record Nr. UNINA9910812109003321 Autore Carole Kauffmann Judy **Titolo** The essential guide to life after bereavement: beyond tomorrow // Judy Carole Kauffmann and Mary Jordan London; ; Philadelphia, Pa., : Jessica Kingsley Pub., c2013 Pubbl/distr/stampa **ISBN** 0-85700-669-X Descrizione fisica 1 online resource (178 p.) Altri autori (Persone) JordanMary <1951-> 155.9/37 Disciplina Soggetti Bereavement Loss (Psychology) Death Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references and index. Nota di contenuto The Essential Guide to Life After Bereavement Beyond Tomorrow; Foreword; Introduction; 1 Breaking Bad News; 2 Breaking Bad News to Children, People with Intellectual Disabilities and People with Dementia: 3 Guilt and Grief; 4 More About Grief; 5 Families in Conflict; 6 Personal Effects; 7 Memorials; 8 Anniversaries; 9 Beyond Tomorrow; Bibliography; Resources; Index Sommario/riassunto The period following the death of a loved one can be a time of great turmoil. This sensitive book acts as a helpful and supportive road map through the initial period of loss, and the weeks and months that follow. As well as the emotional and spiritual aspects of bereavement, it

covers important practical considerations, which are often overlooked.