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Sommario/riassunto	The e-book begins with a valuable overview of the research challenge facing advocates of arts and health work and is followed by two qualitative evaluations of local arts and health initiatives in different parts of the UK. Together these papers show the kind of qualitative approach that has generally been adopted in evaluating community arts for health initiatives - and signal the need perhaps for larger scale, longer-term and more controlled studies. A review follows and focuses on dance therapy and Tai Chi for people affected by arthritis offers a possible goal for research in arts and heal