Record Nr.	UNINA9910812047203321
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Titolo	Sleep medicine in clinical practice / / Michael H. Silber, Lois E. Krahn, Timothy I. Morgenthaler
Pubbl/distr/stampa	New York, : Informa Healthcare, c2010 New York : , : Informa Healthcare, , 2011
ISBN	0-429-18826-9 1-282-84873-9 9786612848735 1-61631-005-7
Edizione	[2nd ed.]
Descrizione fisica	1 online resource (348 p.)
Altri autori (Persone)	KrahnLois E MorgenthalerTimothy I
Disciplina	616.8/498
Soggetti	Sleep disorders Sleep - Physiological aspects
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Front Cover; Disclaimer; Preface to the second edition; Preface to the first edition; Contents; Chapter 1 Physiologic basis of sleep; Chapter 2 Classification of sleep disorders; Chapter 3 Assessing the patient with a sleep disorder; Chapter 4 Diagnostic testing for sleep disorders; Chapter 5 Sleepiness and its causes; Chapter 6 Approach to the sleepy patient; Chapter 7 Narcolepsy and related conditions; Chapter 8 Sleep apnea syndromes; Chapter 9 Sleep in patients with respiratory diseases and respiratory failure; Chapter 10 Insomnia and its causes Chapter 11 Approach to the patient who cannot sleepChapter 12 Management of insomnia; Chapter 13 Circadian rhythm sleep disorders; Chapter 14 Sleep in the patient with psychiatric disorders; Chapter 16 Restless legs syndrome and periodic limb movements of sleep; Chapter 17 Sleep in patients with parkinsonism and dementia; Chapter 18 Sleep, epilepsy, and headache; Index; A; B; C; D; E; F; G; H; I; J; K; L; M; N; O; P; Q; R; S; T; U; V; W; Z
Sommario/riassunto	Co-authored by a neurologist, a psychiatrist, and a pulmonologist,

1.

Sleep Medicine in Clinical Practice reflects the cross-disciplinary nature in the clinical management of sleep disorders. The authors present an overview of sleep medicine including the physiological basis of sleep, diagnostic tools and possible therapeutic strategies, emphasizing throughout the role of the clinician in diagnosing and managing disease. A practical reference for the busy physician, Sleep Medicine in Clinical Practice includes chapters on the assessment and diagnosis of sleep disorders, conditions such as narcolepsy and sleep apnea, the management of insomnia and a selection on co-existent neurologic conditions such as epilepsy and dementia. It will be of interest to sleep medicine specialists and trainees as well as neurologists, pulmonologists, psychiatrists and internists--Provided by publisher.