

| | |
|-------------------------|---|
| 1. Record Nr. | UNINA9910812029503321 |
| Titolo | Adequacy of evidence for physical activity guidelines development : workshop summary // Carol West Sutor and Vivica I. Kraak, rapporteurs ; Food and Nutrition Board, Board on Population Health and Public Health Practice, Institute of Medicine of the National Academies |
| Pubbl/distr/stampa | Washington, D.C., : National Academies Press, c2007 |
| ISBN | 0-309-17905-X 1-280-84425-6 9786610844258 0-309-66777-1 |
| Edizione | [1st ed.] |
| Descrizione fisica | xiv, 198 p. : ill |
| Altri autori (Persone) | SutorCarol West KraakVivica I |
| Disciplina | 613.7/1 |
| Soggetti | Exercise Physical fitness Health promotion |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Note generali | This workshop was sponsored by the U.S. Department of Health and Human Services (DHHS) and was held in Washington, DC, October 23-24, 2006. |
| Nota di bibliografia | Includes bibliographical references. |
| Nota di contenuto | FrontMatter -- Independent Report Reviewers -- Acknowledgments -- Contents -- Overview -- 1 Introductory Session -- 2 Physical Activity, Health Promotion, and Chronic Disease Prevention -- 3 Physical Activity, Obesity, and Weight Management -- 4 Physical Activity and Risk-Maximizing Benefits -- 5 Physical Activity and Special Considerations for Children, Adolescents, and Pregnant and Postpartum Women -- 6 Physical Activity and Special Considerations for Older Adults -- 7 Physical Activity and Considerations for Persons with Disabilities -- 8 Closing Session -- Appendixes -- A Workshop Agenda -- B Presenter Biographical Sketches -- C Workshop Participants -- D Acronyms and Abbreviations -- E Glossary. |

