

1. Record Nr.	UNINA9910811883903321
Autore	Leifer John <1957->
Titolo	After you hear it's cancer : a guide to navigating the difficult journey ahead // John Leifer ; with Lori Lindstrom Leifer, MD
Pubbl/distr/stampa	Lanham, Maryland : , : Rowman & Littlefield, , 2015
ISBN	1-4422-4626-X
Descrizione fisica	1 online resource (322 p.)
Disciplina	616.99/4
Soggetti	Cancer - Treatment Cancer - Patients Cancer
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Contents; Prologue; I: Diagnosis and Treatment Planning; 1 A Definitive Diagnosis; 2 How Prognosis Influences Your Treatment; 3 How to Select Your Doctors and Treatment Facilities; 4 Genetic Testing in Diagnosis and Treatment; 5 Making Sense of Your Treatment Options; 6 Understanding Clinical Trials; 7 The Importance of Getting a Second Opinion; II: During Active Treatment; 8 The Emotional Roller Coaster of Cancer; 9 Methods to Minimize Side Effects; 10 Make Nutrition and Exercise Part of Your Treatment Plan; 11 What to Expect from Pain Control; 12 How to Manage the Cost of Cancer 13 When Considering Complementary Therapies 14 The Role of Your Caregivers; III: After Initial Treatments Are Over; 15 When Initial Treatment Proves Insufficient; 16 The Challenges of Surviving Cancer; 17 Difficult Decisions at the End of the Journey; 18 Choosing to Stop Treatment and the Role of Hospice; A Final Word from Lori; Resources; Notes; Bibliography; Index
Sommario/riassunto	<span><span style=""font-style:italic;">After You Hear It's Cancer</span><span> offers a step-by-step guide for recently diagnosed patients and their families as they embark on this arduous journey. The authors integrate cutting-edge research with the perspectives of numerous cancer patients to provide an empathic, but pragmatic handbook that should be required reading for every cancer patient.</span></span>

