

1. Record Nr.	UNINA9910811760003321
Titolo	Positive psychiatry : a casebook / / edited by Richard F. Summers, Dilip V. Jeste
Pubbl/distr/stampa	Washington, DC : , : American Psychiatric Association Publishing, , [2019] ©2019
ISBN	1-61537-201-6
Descrizione fisica	1 online resource (258 pages)
Disciplina	616.89/14
Soggetti	Psychotherapy - methods Happiness Resilience, Psychological Psychiatry - methods Mental Disorders - therapy Case Reports
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	A family and wellness based approach to child emotional-behavioral problems / Rettew -- A strength-based approach to the psychotherapeutic management of schizophrenia / Vahia and Charmadikari -- MDMA-assisted psychotherapy for PTSD / Raison -- Recovering strengths : combining psychodynamic psychotherapy and positive psychiatry for improved self-esteem / Bozorgnia -- Positivity in the treatment of opioid addiction and trauma / O'Donnell -- Effective use of positive psychiatry concepts in the psychotherapy of an older patient living with bipolar disorder / Sewell -- Diabetes as a family illness : a positive approach to diabetes management / Martin -- Surfing the urge to avoid : using acceptance commitment therapy and cognitively based compassion training to treat PTSD / Casmar -- Use of an integrated positive psychiatry approach in a veteran with tinnitus / Laird and Serpa -- Building resilience to chronic stress in caregivers / Biscoe -- Stress management and resiliency training in medical internship / Chaukos and Teitelbaum -- Acting 'as if' in executive

