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Titolo	Helping children to improve their gross motor skills : the stepping stones curriculum / / Rachel White
Pubbl/distr/stampa	London : , : Jessica Kingsley Publishers, , 2017
ISBN	1-78450-587-0
Descrizione fisica	1 online resource (258 pages) : color illustrations
Disciplina	155.4123
Soggetti	Motor ability in children
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes index.
Nota di contenuto	The evidence base for The stepping stones curriculum -- Stepping stones curriculum information sheet -- Curriculum resources lists -- Initial assessment tool -- Warm up and cool down activities -- Stepping stones curriculum sheets.
Sommario/riassunto	"This guided curriculum offers a way to help children and young people aged 5-18 years. Activity worksheets provide instructions on how gross motor tasks can be accomplished through incremental stages, building up to the achievement of a specific activity, such as climbing, riding a bike or playing football. The step-by-step programme will enable adults to chart the child's progress whilst encouraging children to become engaged in mastering their motor coordination skills. Additional resources including warm up and cool down activity ideas, an initial assessment tool and a certificate of achievement will help parents and professionals to deliver the programme effectively at home or at school"--