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Nota di contenuto	BASICS; CPR; Adult CPR (8 Years or Older); Child CPR (1-8 Years Old); Infant CPR (Less Than 1 Year Old); C-A-B SEQUENCE FOR CPR; AUTOMATED EXTERNAL DEFIBRILLATOR (AED); CHOKING; STANDARD PRECAUTIONS; MEDICAL EMERGENCIES; HEALTH HISTORY FORMS; HEAT EMERGENCIES; COLD EMERGENCIES; TRAUMA INJURIES; RESCUING & MOVING VICTIMS; INJURY PREVENTION; FIRST-AID KIT SUPPLY CHECKLIST.
Sommario/riassunto	Annotation Making the decision to help in an emergency situation is often a difficult choice. Be prepared for emergencies with the help of our CPR & Lifesaving QuickStudy(R) guide. Packed with quickly accessible information on different aspects of lifesaving, this go-to reference will help you respond effectively in an emergency until professional help arrives. Learn how to evaluate a scene, the steps in CPR and AED use, standard precautions, and other essential elements in the chain of survival. This durable, laminated guide also includes illustrations for easy understanding. Keep a copy in your home, with your camping gear, at your office, in your car, etc., so that you will always be prepared.