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| 1. Record Nr.           | UNINA9910811536003321  |
| Autore                  | Burr Rachel  |
| Titolo                  | Self-worth in children and young people : critical and practical considerations // Rachel Burr   |
| Pubbl/distr/stampa      | St Albans : , : Critical Publishing, , [2022]<br>©2022   |
| ISBN                    | 9781914171789<br>9781914171772   |
| Edizione                | [1st ed.]  |
| Descrizione fisica      | 1 online resource (144 pages)  |
| Disciplina              | 155.5182   |
| Soggetti                | Self-esteem in adolescence<br>Self-esteem in children<br>Social work with children<br>Social work with teenagers   |
| Lingua di pubblicazione | Inglese  |
| Formato                 | Materiale a stampa   |
| Livello bibliografico   | Monografia   |
| Nota di bibliografia    | Includes bibliographical references and index.   |
| Sommario/riassunto      | This exciting book challenges the dominant approaches to children and young people's mental health, and provides straightforward practical strategies that can be used to address emotional upset, loss, and aid recovery. |