1.	Record Nr.	UNINA9910811506103321
	Titolo	In the mind's eye : enhancing human performance / / Daniel Druckman and Robert A. Bjork, editors
	Pubbl/distr/stampa	Washington, D.C., : National Academy Press, 1991
	ISBN	1-280-21163-6 9786610211630 0-309-56309-7
	Edizione	[1st ed.]
	Descrizione fisica	1 online resource (303 p.)
	Altri autori (Persone)	DruckmanDaniel <1939-> BjorkRobert A
	Soggetti	Performance - Psychological aspects Cognitive psychology
	Lingua di pubblicazione	Inglese
	Formato	Materiale a stampa
	Livello bibliografico	Monografia
	Note generali	"Committee on Techniques for the Enhancement of Human Performance, Commission on Behavioral and Social Sciences and Education, National Research Council."
	Nota di bibliografia	Includes bibliographical references and index.
	Nota di contenuto	""IN THE MIND'S EYE"; ""Copyright"; ""Contents"; ""Preface"; ""PART I Overview"; ""1 Background"; ""THE COMMITTEE'S FIRST PHASE"; ""THE COMMITTEE'S SECOND PHASE"; ""THE REPORT"; ""Training"; ""Optimizing Long-Term Retention"; "Modeling Expertise"; ""Developing Careers"; "Altering Mental States"; ""Subliminal Self- Help"; "Meditation"; "Managing Pain"; "Hiding and Detecting Deception"; ""A Broad Concept of Deception"; ""Performing"; ""Optimizing Individual Performance"; ""Enhancing Team Performance"; ""REFERENCES"; ""2 Findings and Conclusions"; ""TRAINING"" "Optimizing Long-Term Retention and Transfer"""Modeling Expertise"; "Developing Careers"; "ALTERING MENTAL STATES"; ""Subliminal Self-Help"; "Meditation"; "Managing Pain"; "Hiding and Detecting Deception"; "A Broad Concept of Deception"; "PERFORMING"; "Optimizing Individual Performance"; "Enhancing Team Performance"; "PART II Training"; "3 Optimizing Long-Term Retention and Transfer"; "Automaticity"; "Original Learning"; "Setting the Criterion of Mastery"; "Automaticity";

""Overlearning""; ""Task Cohesion and Organization""; ""Enhancing Retention""

""Distribution of Practice""""Fostering Understanding""; ""Involving the Learner""; ""Refresher Training""; ""TRANSFER OF TRAINING""; ""General Factors in Transfer""; ""Level of Original Learning""; ""Perceived Similarity Between Tasks""; ""Enhancing Transfer""; ""Providing Contextual Interference During Training""; ""Increasing Variability and Variety in Training""; ""Reducing Feedback""; ""CONCLUSIONS AND IMPLICATIONS FOR TRAINING""; ""REFERENCES""; ""4 Modeling Expertise""; ""COGNITIVE APPRENTICESHIP""; ""Modeling"; ""Coaching and Scaffolding""

""Articulation, Reflection, and Exploration""""HOW EXPERTS EXCEL""; ""Measures in Laboratory Tasks""; ""Organized Knowledge Structures""; ""Strategies of Problem Solving and Reasoning""; ""When Do Experts Not Excel?""; ""ELICITING KNOWLEDGE FROM EXPERTS"; ""IMPARTING EXPERTS' KNOWLEDGE TO TRAINEES""; ""Direct Instruction""; ""Computer-Aided Support Systems""; ""Cognitive Apprenticeship Revisited""; ""SUMMARY AND CONCLUSIONS""; ""REFERENCES""; ""5

Developing Careers""; ""A FRAMEWORK FOR CAREER DEVELOPMENT""; ""Propositions""; ""Objectives""; ""Future Research Priorities""; ""ARMY PROGRAMS""

""Self-Assessment Instruments""""The Army War College""; ""The National Defense University (NDU)""; ""Fort Bliss""; ""Fort Leavenworth""; ""Survey of Effects""; ""AN APPRAISAL OF THE MBTI""; ""Reliability""; ""Validity""; ""Effectiveness of Applications""; ""CONCLUSIONS""; ""NOTES""; ""REFERENCES""; ""PART III Altering Mental States""; ""6 Subliminal Self-Help"; ""SUBJECTIVELY PERCEPTIBLE VERSUS OBJECTIVELY DETECTABLE STIMULI""; ""MOBILIZATION, EFFORT JUSTIFICATION, AND EXPECTANCY EFFECTS""; ""CONCLUSIONS""; ""NOTES""; ""REFERENCES""; ""7 Meditation""

""SCIENTIFIC EVALUATIONS OF MEDITATION""