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Nota di contenuto	Cover; Title; Copyright; CONTENTS; Preface; Acknowledgements; I. INTRODUCTION; The Changing Times of Life: Career in Context; Career Stages; Career in Context: The Case of Otto A. Faust, M.D.; Career Stress; Social and Cultural Forces; Conclusion; Career Experiences: Current and Future Themes; Changing Employment Opportunities; Changes in the Labor Force; Current and Future Themes; II. THE BEGINNING; Career Planning; An Integrated Career Planning Model; Activating the Career Planning Process; Career Planning Course; Career Planning and the Individual-Organizational Relationship Adjusting to a New Organization: Easing the Transition from Outsider to Insider Anticipatory Socialization (This New Job Is Going to Be Terrific!); Encounter (What Have I Gotten Myself Into?); Change and Acquisition (I've Learned the Ropes Around Here); Successful Adjustment; Transition from School to Work; Early Transitions; Strategic Change; Job Search Strategy; Real Beginnings; Conclusion; III. THE MID-CAREER ISSUES; Work and Non-Work Issues in the Management of Occupational Careers in the 1990s

Intracompany Job Transfers: An Exploratory Two-Sample Study of the Buffering Effects of Interpersonal Support Literature Review; Research Hypotheses; Method; Results; Discussion and Implications for Practice; Implications for Preventive Stress Management: Engendering CIS; Merger and Acquisition Stress: Fear and Uncertainty at Mid-Career; Stress and the Mid-Career Employee; The Merger and Acquisition Stress Process; The Important Role of Appraisal; M&A Stress Prevention and Management; Conclusion; Staying with or Leaving the Organization; Cell 1-"You're Fired"; Cell 2-"Voluntary Exits" Cell 3-"I Need a Change" Cell 4-"Survivors"; Conclusions; The Middle Years: Career Stage Differences; Method; Measures; Analyses; Results; Discussion; Mid-Career Transition; Major Career Transitional Forces; Ways of Dealing Effectively with Mid-Career Transitional Forces; Contributing to More Effective Mid-Career Transitioning; IV. THE END GAME; Why Retire Early?; Method; Results; Discussion; Time to Move On?; Deciding to Retire; Living in Retirement; Planning for Retirement; A Hindsight View of Retirement Stress; Career Stress in Changing Times: Some Final Observations

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Sommario/riassunto

In terms of time, energy, and money, a career is one of the most important investments that a person makes during his or her lifetime. Career Stress in Changing Times is an exciting volume that covers the entire career cycle, from beginning through mid-career dilemmas to the retirement transition. Many key career issues and stressors--as they are experienced during each stage of one's career--are examined. Experts also explore the major social and cultural forces that influence careers and will continue to do so in the next century, including women's influx into the workplace, the decline of b

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