Record Nr. UNINA9910811427503321 Autore RØnnestad Michael Helge Titolo The developing practitioner: growth and stagnation of therapists and counselors / / Michael Helge RØnnestad, Thomas M. Skovholt New York:,: Routledge,, 2013 Pubbl/distr/stampa 1-136-89848-4 **ISBN** 1-283-58991-5 9786613902368 0-203-84140-9 1-136-89849-2 Descrizione fisica 1 online resource (393 p.) Classificazione PSY010000PSY036000 Altri autori (Persone) SkovholtThomas M Disciplina 616.89/140023 Soggetti Career development Psychotherapists - Psychology Psychotherapists - Training of Self-actualization (Psychology) Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references and index. Cover: The Developing Practitioner: Copyright: Dedication: Contents: Nota di contenuto List of Figures and Tables: About the Authors: Acknowledgments: Preface; Part I. Theoretical and Empirical Foundations for the Study of Practitioner Development: 1. Perspectives on Practitioners' Professional Development; 2. Models and Conceptions of Learning, Expertise, and Decision Making; 3. Cultural Discourses of Helping; Part II. A Qualitative Study of Therapist and Counselor Development; 4. The Novice Student Phase; 5. The Advanced Student Phase; 6. The Novice Professional Phase; 7. The Experienced Professional Phase 8. The Senior Professional Phase9. Themes of Therapists' Professional Development; 10. A Cyclical/trajectories Model of Therapists' Professional Development and Stagnation; 11. A Developmentally Sensitive Approach to Supervision; Part III. Expanding Views; 12. Master Therapists; 13. Therapist Professional Resilience; 14. Positive and Negative Cyclesof Practitioner Development; Part IV. Appendices:

Appendix A. Research Methodology and Sample for Skovholt and

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Rønnestad (1992/1995) The Evolving Professional Self; Appendix B. Themes in Interviews With Three Senior Informants; References; Index

"This book provides a comprehensive overview of the professional development of counselors and therapists over the career lifespan. Drawing on their own extensive experience as psychotherapists, supervisors, teachers, and researchers, as well as from their own extensive study of the topic, the authors aim to provide a synthesis of this knowledge that all counselors and psychotherapists will find valuable and useful"--