Record Nr. UNINA9910811384803321 Autore Abels Paul <1928-> Titolo Understanding narrative therapy: a guidebook for the social worker // Paul Abels and Sonia L. Abels New York, : Springer Pub., c2001 Pubbl/distr/stampa **ISBN** 1-281-90786-3 9786611907860 0-8261-1658-2 Edizione [1st ed.] Descrizione fisica 1 online resource (232 p.) Collana Springer series on social work Altri autori (Persone) AbelsSonia Leib Disciplina 615.8/515 Social service - Psychological aspects Soggetti Autobiography - Therapeutic use Psychotherapy Lingua di pubblicazione Inglese Materiale a stampa **Formato** Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references (p. 197-208) and index. Nota di contenuto Contents: Preface: 1 Introduction: 2 Making Sense of Our Lives: 3 The Stories That Shape Our Profession and Its Future; 4 Understanding the Narrative Approach; 5 Doing Narrative Practice; 6 The Written Word: Letters and Logs and Briefs; 7 Groups and Communities; 8 Supportive Approaches and Mutual Aid: 9 Narrative Administration: 10 Multicultural Narrative Practice; 11 Learning and Teaching Narrative Practice: 12 Liberating Practice: References: Index Sommario/riassunto A clear guide to one of today's most popular treatment modalities, this volume explores why the narrative metaphor is important in the therapeutic relationship, and how to incorporate narrative techniques into social work practice. Building on basic insights about how stories shape people's lives, and how destructive stories can be modified, the authors explore various applications of the narrative approach. These applications include conducting groups, working with multicultural

clients, and supplementary classroom discussions.