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Autore	Holland Olga <1957->
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Nota di contenuto	Intro -- The Dragons of Autism -- Contents -- 1. About Us -- 2. About this Book -- 3. In the Beginning -- 4. Family Life with Billy -- 5. Tantrums -- 6. A Good Day with a Three-Year-Old -- 7. A Cross-Country Move -- 8. How We Learned that Billy is Autistic -- 9. Seeing Autism - and Recognizing What You See -- 10. Enlightenment Check -- 11. Coming to Terms -- 12. A Brief History of One Boy's Autism -- 13. A Guardian Angel -- 14. My First Step in Managing Billy - "Buying Time" -- 15. Rituals -- 16. Schedules -- 17. Communicating in Poetry -- 18. ChOT (The "Choice-Offering Tool") -- 19. Dealing with Physical Sensitivities -- 20. Reserves of Body and Soul -- 21. Starting the Day -- 22. Organizing the Struggle -- 23. The Warrior-Parent -- 24. An Example of a Battle-Plan -- 25. Another Battle Considered -- 26. Some Battles in Progress -- 27. Autism and the Phases of the Moon -- 28. OMAFED -- 29. Using OMAFED -- 30. A Tantrum is not Wrongdoing -- 31. OMAFED and the Rest of the World -- 32. Happiness Training -- 33. Don't Say Don't -- 34. "We Use Words and Poems and Songs" -- 35. The Value of Friendship -- 36. Sibling Shame -- 37. Books, Books, Books -- 38. Menu, Please -- 39. Well-Meaning People -- 40. A Special Education -- 41. Summer School -- 42. The Academy - and Home at Last -- 43. Epilogue: The Four Stages of Life -- Appendix: Billy's Words

at Age Four -- Index.

Sommario/riassunto

Olga describes the real-world strategies that have made her son Billy better able to cope with life, and explains how working with autism's many strengths has led to a better quality of life for all her family. Full of advice for both day-to-day living and long-term progress, this is a positive and inspirational read.
